

Men's Spirituality Retreat – Lenten Appeal

The Men's Spirituality Retreat is the annual culmination of the ICPM Men's Spirituality Ministry. With the support of Archbishop Sylvain, Bob McKeon and ICPM, the annual retreat takes place at the Star of the North Retreat Centre, traditionally held on the May long weekend. 20 men will attend!

Programming is not easy in the transient inner city environment. Throughout the year, we are pleased that 15 – 20 men attend ICPM luncheon (Pizza + Pop) where fellowship and a time to reflect on themes of spiritual life and mental, emotional health self care is offered. Gord Holub, Indigenous Helper, has been engaging the men in dialogue with themes drawn from the support material "Breathing Underwater" Richard Rohr – Franciscan priest. 15 men of the inner city attend the Men's Retreat.

Further, McCullough Centre (formally Gunn) is an extension of ICPM Men's ministry of visiting and prayer. Many of the men who live with addictions choose to go to McCullough Centre for a time of recovery. 65 men live in 27 housing units in the quiet country surroundings. ICPM, 1st Tuesday of the month, offers a service of Standing Stones and we engage with the community of men as a whole around the fire pit (smoking area). Many of the men leaving the centre return to the inner city for housing and support. ICPM carries on the friendship established with the patrons upon their return to the city. Billy, Pastoral Associate, focuses his ministry with individuals reintegrating into community. The McCullough Centre sends 5 men to the Men's Retreat.

The cost for each man is \$200. ICPM is seeking interested individuals who will sponsor one of the twenty men or consider an offering in support of the Men's Spirituality Retreat in general. Perhaps you might think of this donation as part of your Lenten journey, the offerings in support of another in need of rest, encouragement and spiritual reflection! May God bless you and guide your forward vision throughout your Lenten Journey to Easter.

God's Peace
Pastor Rick Chapman



Men's Spirituality Retreat, 2016